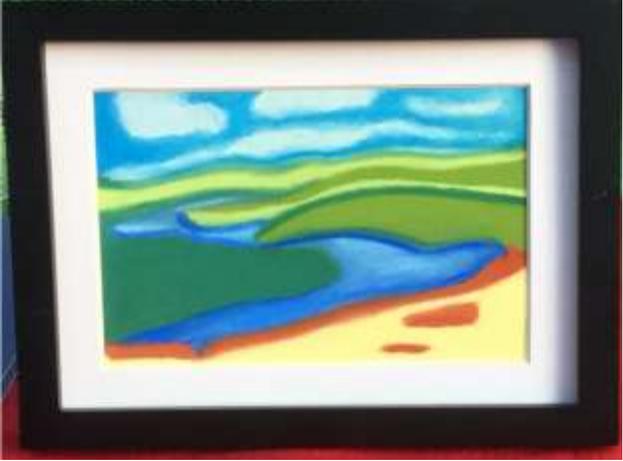


**CINDY BABYN's VISUAL ART RENTALS FOR TEXADA RESIDENTS**

**RENTALS are for 6 MONTH PERIODS, FUNDS SPENT CAN BE APPLIED TO PURCHASE/OWNERSHIP – OF RENTAL PIECE OR ANOTHER**

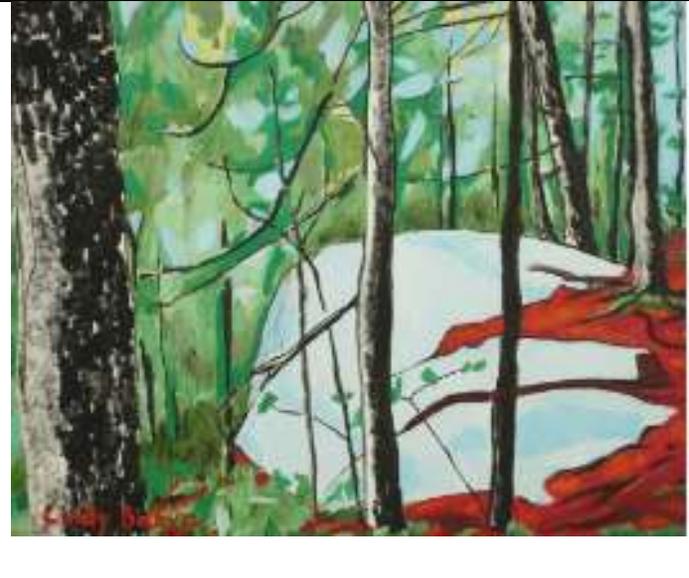
| Work & Name  | Information   | Purchase Price | <b>RENTAL PRICE</b>  |
|--|---|----------------|--|
|   | <p><b>Looking Down from Mount Maxwell (Salt Spring Island)</b><br/> <b>Medium:</b> Soft Pastel<br/> <b>Size:</b> 5.5" x 7.5", framed in glass</p> <p>Just as you start on the trail at the top of Mount Maxwell, you're treated to a beautiful view of the lakes and mountains far below. I particularly enjoyed the quality of the blues. This piece is a bit on the whimsical side.</p>   | \$60           | <p><b>\$35 for 6 months = \$5.83 / month</b></p> <p>NAME<br/>           EMAIL<br/>           TEL</p> |
|  | <p><b>Gatineau Park, Hot Hues</b><br/> <b>Medium:</b> oil bar on canvas<br/> <b>Size:</b> 28" x 36" I lived in Ottawa for fourteen years (and on the Quebec side in Gatineau and Chelsea for a couple of those years). I spent a lot of time walking Gatineau Park in all seasons of the year. I was struck by the beauty of the rock face of the Laurentian Mountains. The sunset skies were most often pink.</p> <p><b>* I'm selling Gatineau Park, Hot Hues for \$80 because it was an experimental piece in which I pressed oil bar onto the canvas. You can see the 'ribs' of the wooden frame on the work if it's placed in direct sunlight. It will be best placed in a relatively dark place, which masks the 'rib marks' pretty effectively!</b></p> | \$80 *         | <p><b>\$45 for 6 months = \$7.50/month</b></p> <p>NAME<br/>           EMAIL<br/>           TEL</p>   |

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|   | <p><b>Forest Walk on Texada</b><br/> <b>Medium:</b> soft pastel<br/> <b>Size:</b> 5.5" x 7.5", framed in glass</p> <p>When I chose to move to BC, I chose to live on Texada. I spend hours walking in the forest. In this spot, I enjoyed the tall tree trunks of the Douglas Fir. There's a very marked trail path here, and there was such quietness in the grey fog of the rainy winter.</p>  | <p>\$100</p> | <p>\$50 for 6 months<br/> = \$8.30/month</p> <p>NAME<br/> EMAIL<br/> TEL</p> |
|  | <p><b>Roadside Stop in Port Alberni</b><br/> <b>Medium:</b> soft pastel<br/> <b>Size:</b> 5.5" x 7.5", framed in glass</p> <p>I took a two-week trip out to BC in the Spring of 2015 to check out Vancouver Island and many of the other islands (Salt Spring, Gabriola, Hornby, and Denman). While on the way to Tofino, I was amazed by this place in Port Alberni. I stopped along the roadside and took a few photos. The scale of the mountains and rocks along the riverside are impressive.</p> | <p>\$100</p> | <p>\$50 for 6 months<br/> = \$8.30/month</p> <p>NAME<br/> EMAIL<br/> TEL</p> |

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|  <p>A framed artwork depicting a landscape with a blue river in the foreground, a yellowish-brown valley, and green and grey mountains in the background.</p> | <p><b>Impressive Mountains in Jasper</b><br/> <b>Medium:</b> soft pastel<br/> <b>Size:</b> 8.5 " x 10", framed in glass</p> <p>The mountains in Jasper are pretty spectacular for anyone new to this National Park. The lake and expanse of the yellowed-landscape are equally impressive.</p>   | <p>\$120</p> | <p>\$60 for<br/> 6 months<br/> = \$10/month</p> <p>NAME<br/> EMAIL<br/> TEL</p> |
|  <p>A framed artwork depicting a landscape with a blue river in the foreground, a green valley, and blue mountains in the background.</p>                    | <p><b>Colours of Jasper</b><br/> <b>Medium:</b> Soft pastel<br/> <b>Size:</b> 8.5 " x 10", framed in glass</p> <p>On my first cross-Canada drive, I stopped in Jasper National Park. As I was driving by myself I stopped wherever I liked. This place struck me in particular. I was amazed by the colours of Jasper. It's a very different palette, compared to Ontario.</p> | <p>\$120</p> | <p>\$60 for<br/> 6 months<br/> = \$10/month</p> <p>NAME<br/> EMAIL<br/> TEL</p> |

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|   | <p><b>Paterson Grain Elevator - Meadows, Manitoba</b><br/> <b>Medium:</b> oil pastel and pencil crayon<br/> <b>Size:</b> 11.5" x 14", framed in glass</p> <p>On my first cross-Canada drive, I stopped in Winnipeg to visit my friend. She took me up to Metis country (St-Laurent). Meadows is a town just before that. I was struck by the beauty of this grain elevator building in the Prairie landscape.</p> | <p>\$160</p> | <p>\$70 for<br/> 6 months<br/> = \$11.66/month</p> <p>NAME<br/> EMAIL<br/> TEL</p> |
|  | <p><b>Whistlers Mountain, Jasper National Park</b><br/> <b>Medium:</b> soft pastel<br/> <b>Size:</b> 11.5" x 14", framed in glass</p> <p>While in Jasper National Park, I took the Skytram up the steep 1,000 metre vertical ascent of Whistlers Mountain (to 2,500 metres above sea level). This was the view from the top, which I stylized in my own artistic language.</p>                                    | <p>\$160</p> | <p>\$70 for<br/> 6 months<br/> = \$11.66/month</p> <p>NAME<br/> EMAIL<br/> TEL</p> |

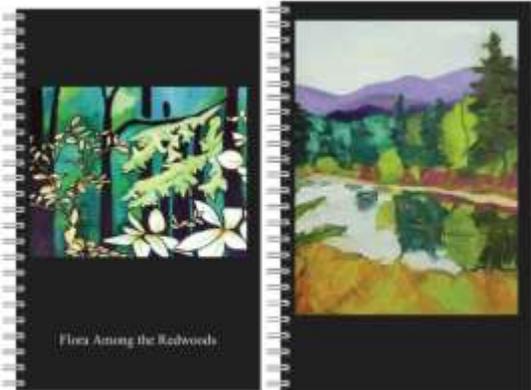
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|   | <p><b>Spectacular Lookout Trail II</b><br/> <b>Medium:</b> Soft pastel<br/> <b>Size:</b> 16" x 20", framed in glass</p> <p>I made this drawing after walking on the Spectacular Lookout Trail in northern Ontario's famous Algonquin Park. It's a deeply-forested walk with a steep ascent. Once at the top of this trail, there was definitely a spectacular lookout – but I found the joy was also in the journey – such as seeing this beautiful spot on the way. I also made another work from this Trail in oil and Indian Ink.</p> | <p>\$350</p> <p>\$650 for both pieces</p> | <p>\$150 for 6 months = \$25 per month</p> <p>NAME</p> <p>EMAIL</p> <p>TEL</p> |
|  | <p><b>Canoeing in Algonquin Park</b><br/> <b>Medium:</b> Soft pastel<br/> <b>Size:</b> 16" x 20", framed in glass</p> <p>While in Algonquin Park, I went canoeing with a friend in this little river inlet. It was a very still, quiet day, with the exception of a bird singing a loud and gorgeous three-note song. I sang back to the bird, enjoying a little call and response conversation for about 10 minutes.</p>  | <p>\$350</p> <p>\$650 for both pieces</p> | <p>\$150 for 6 months = \$25 per month</p> <p>NAME</p> <p>EMAIL</p> <p>TEL</p> |

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|   | <p><b>Spectacular Lookout Trail</b><br/> <b>Medium:</b> Oil paint and Indian Ink (black, yellow, blue, green Indian Ink)<br/> <b>Size:</b> 16" x 20", on canvas</p> <p>I made this <i>Spectacular Lookout Trail</i> painting after walking through this trail in Algonquin Park, in northern Ontario. It was a deeply forested walk that had a steep ascent. Once at the top of this trail, there was definitely a spectacular lookout – but I found the joy was also in the journey – such as seeing this beautiful spot on the way. I also made a second work from this Trail in soft pastel.</p>  | <p>\$400</p> | <p>\$180 for 6 months<br/> = \$30 per month</p> <p>NAME<br/> EMAIL<br/> TEL</p> |
|  | <p><b>Gatineau Park in Winter</b><br/> <b>Medium:</b> oil pastel and pencil crayon<br/> <b>Size:</b> 33" x 41", framed in glass</p> <p>I lived in Ottawa for fourteen years (and on the Quebec side in Gatineau and Chelsea for a couple of those years). I spent a lot of my free time walking Gatineau Park in all seasons of the year. The sunset skies were most often pink. I particularly enjoyed this spot – where the trees were spaced out in such an interesting way and the snow was quite deep. I often sat quietly in meditation just to the left of this spot. The horizon line in this work is actually a ledge that has an 80 foot drop into the lake below.</p> | <p>\$400</p> | <p>\$180 for 6 months<br/> = \$30 per month</p> <p>NAME<br/> EMAIL<br/> TEL</p> |

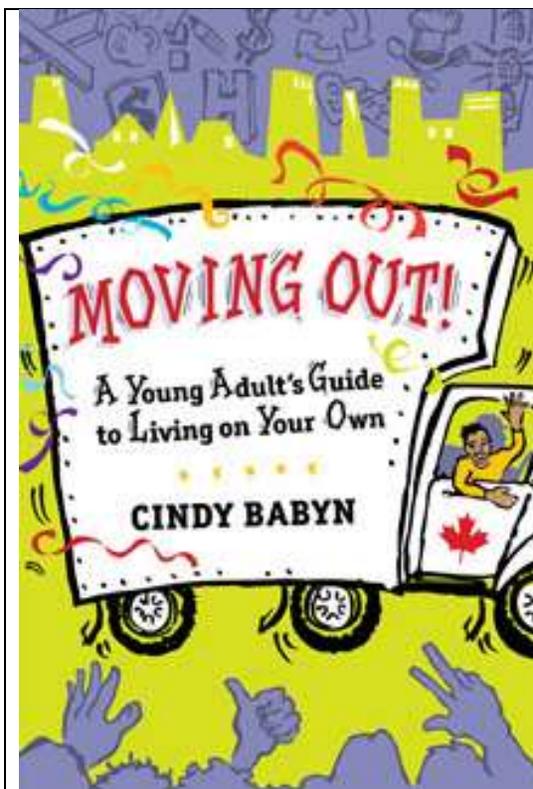
Cindy Babyn, [Crystal Music, Art & Books](http://Crystal Music, Art & Books), 604-344-0428, Cbabyn@gmail.com

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|   | <p><b>Afternoon in Owen Sound</b><br/> <b>Medium:</b> Soft pastel<br/> <u>Size: 28" x 36", framed in glass</u><br/> One afternoon, I went walking in the Carolinian Woods on the outskirts of the small northern Ontario town called Owen Sound. Carolinian forests are almost entirely deciduous, meaning that the trees in this area lose their leaves in winter. Trees include: American beech, sugar maple, red maple, basswood, black walnut, and three kinds of oak - red, white and bur. This piece has become one of my favourite works. It has magic in its movement and colour. Most people love this piece the best when they're looking at my art work.</p> | <p>\$700<br/> \$1,200 for both pieces (save \$100)</p> | <p>\$300 for 6 months = \$50 per month<br/> NAME<br/> EMAIL<br/> TEL</p> |
|  | <p><b>Three Rocks, Subtle Colours</b><br/> <b>Medium:</b> Soft pastel<br/> <u>Size: 28" x 36", framed in glass</u><br/> One afternoon, I went walking in the Carolinian Woods on the outskirts of the small northern Ontario town called Owen Sound. Carolinian forests are almost entirely deciduous (the trees in this area lose their leaves in winter). Trees include: American beech, sugar maple, red maple, basswood, black walnut, and three kinds of oak - red, white and bur.</p>   | <p>\$600<br/> \$1,200 for both pieces (save \$100)</p> | <p>\$300 for 6 months = \$50 per month<br/> NAME<br/> EMAIL<br/> TEL</p> |

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|   | <p><b>Bike Ride in Val David (Quebec)</b><br/> <b>Medium:</b> Oil paint)<br/> <b>Size:</b> 24" x 30", on canvas</p> <p>One summer, I went on a trip through Quebec's Laurentian Mountains. My friend and I rented bicycles and rode on a path along this river. We stopped here and I took many photos.</p> <p>I made this work during a full-day private master class with Gordon Harrison, my favourite artist, often referred to as the Eight in the Group of Seven.</p> | <p>\$700</p> | <p>\$300 for<br/> 6 months<br/> = \$50 per month</p> <p>NAME<br/> EMAIL<br/> TEL</p> |
|  | <p><b>Cotton Tote Bag</b></p> <p>While living in Palo Alto, California, I went walking in many of the forests that had magnificent Redwood trees. In this piece, Flora Among the Redwoods, I was inspired to hyper-accentuate the flowers and leaves.</p> <p>I was getting treatments from a QiGong healer, and I painted this work for him.</p>  | <p>\$20</p>  |  |

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|  <p><b>MOUSE PAD:</b> Flora Among the Redwoods</p> | <p><b>MOUSE PAD</b></p> <p>While living in Palo Alto, California, I went walking in many of the forests that had magnificent Redwood trees. In this piece, Flora Among the Redwoods, I was inspired to hyper-accentuate the flowers and leaves.</p> <p>I was getting treatments from a QiGong healer, and I painted this work for him.</p> | <p>\$15</p> |  |
|    |  <p><b>NOTEBOOKS:</b> Ring-bound, 80-page lined paper inside</p> <ol style="list-style-type: none"> <li>1. Flora Among the Redwoods</li> <li>2. Bike Ride in Val David</li> <li>3. Spectacular Lookout Trail, Algonquin Park, ON</li> </ol>              | <p>\$15</p> |  |

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|                       | <p><b>CARDS</b><br/>Horizontal Folded Note Cards - 5.5"x4" (BLANK INSIDE)</p> | <p>\$5<br/>each</p> <p>\$9 x 2</p> <p>\$15 x<br/>4</p> |  |
| <p><b>CARDS</b></p>  | <p><b>BOOKMARKS</b></p>   | <p>\$2<br/>each</p>                                    |  |



## NOMINATED FOR THE 2014 WHITE PINE AWARD

\$15

Are you a young person thinking about moving out, but not sure what to do?

Have you just started living on your own recently, but your first experience(s) left much to be desired? Have you asked: How can I do this better?

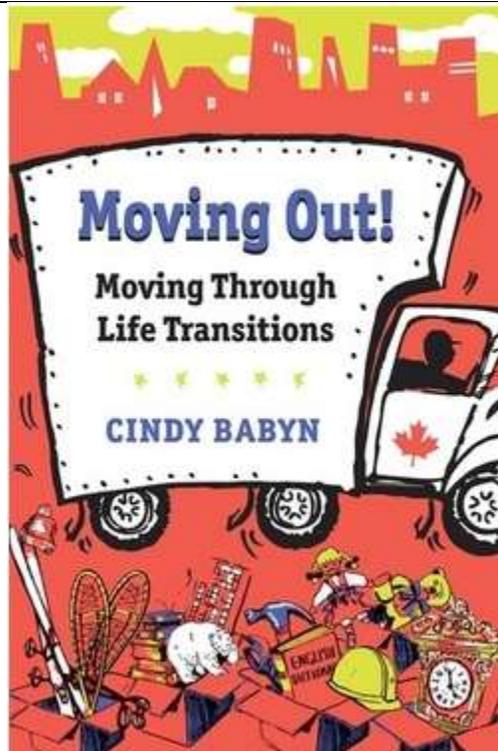
Are you a parent/guardian, not quite ready to let go, but realize your kid will be moving out sometime soon, and you haven't a clue as to how to give the right advice about how youth are making it out there today?

Are you in social work, supporting youth, but just don't have the time to help them all, nor the precise tool to support young Canadians moving out?

**Moving Out! A Young Adult's Guide to Living On Your Own** is a practical and philosophical book on how youth can look for apartments, find movers and roommates, budget, stand up for their renting rights, effectively overcome homesickness, develop good health and social habits, respect the environment, and live with all the cultures of the world in one of our great Canadian cities. Formatted as a quick-read resource, one of the book's greatest values is its collection of first-hand accounts from a variety of young Canadians who moved out on their own, either into college/university residence or in apartments, and deftly highlights their challenges and joys.

**Moving Out Workshops:** Workshops are an excellent way to cover a range of moving topics in a group setting. Youth inspire each other to think about questions and often tap into their own wisdom to problem solve and share ideas. The workshop draws from the comprehensive advice in *Moving Out! A Young Adult's Guide to Living on Your Own*.

**Workshop Review:** *"I recently attended a workshop on independent living, facilitated by Cindy Babyn. The evening was enjoyable, informative and interesting. She offered us all opportunities to join in the discussion and the presentation was very interactive. Her warm personality made everyone feel at ease and her sharing of personal experiences made her very relatable. Overall, a great experience."* Antonella



***Moving Out! Moving Through Life Transitions***, published in May 2014, is a collection of 25 Canadian moving stories from the oldest among us: seniors, to the youngest (foster children), and all ages in between!

Whether it's first-hand accounts of seniors facing the dreaded move from their beloved homes to seniors' residences, parents facing the reality that their kids are leaving the nest, adults moving out due to bitter divorce situations, young adults moving for work such as in Canada's oil sands, moving to Canada's far north for studies, moving as a blind man or a deaf woman, moving to Canada for love via online dating, or foster children who essentially have no say about where they're shuffled off to next, these stories provide a glimpse into the reasons why people move at various stages, ages, and crossroads in their lives.

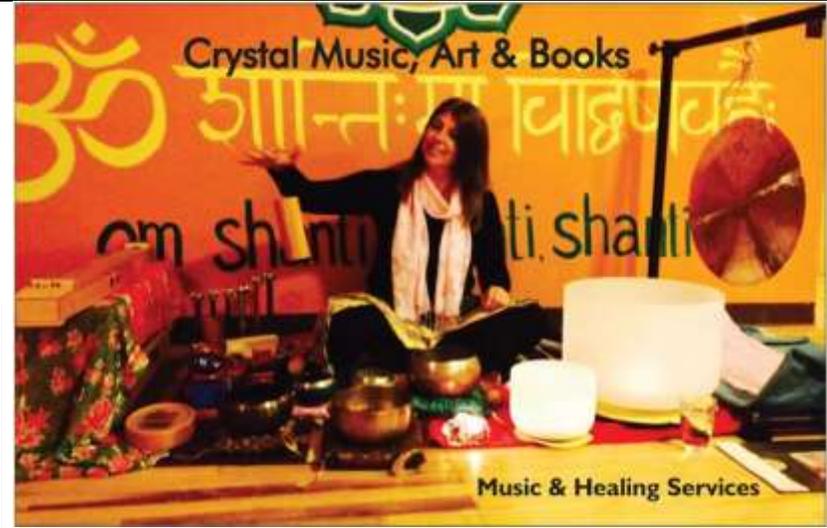
While all quite different, these moving stories share a common thread of mystery, discovery, and personal courage. They reveal transition journeys through the spectrum of drama, humour, growth, joy, love, and heartache.

**\$15**

# SOUND HEALING SERVICES



Music  
for  
Yoga  
Classes



**Group Sonic Journeys – Sound Healing Theory & Sound Massage: These guys thoroughly enjoyed it!**



Private  
healing  
sessions  
in my  
tiny  
house



**Energy Tuning  
Fork Session**  
  
**Balancing the  
central nervous  
system,**  
  
**Ida & Pingala,  
the chakras, and  
the auric body**

### **FULL TREATMENT SESSIONS**

Confidential, compassionate listening, Amethyst Crystal Biomat relaxation Live, soothing music: Crystal singing bowls, Tibetan and Nepalese prayer bowls, gongs and tuning forks, Ultrasound and hands-on healing.

**\$35/hr intro special.**

\$55 - 1 hour & 15 min; \$45 - 1 hr; \$35 - 30 min (+\$10 off-island)

### **GROUP SONIC HEALING JOURNEYS**

Relax and enjoy these beautiful instruments in a private setting. Learn about the theory of how sound heals us. In a laying down or seated position, the sounds of the crystal singing bowls, Himalayan prayer bowls, gong, monochord, chimes, and more will be deeply relaxing, healing, and an experience to remember. Participants are invited to join in toning (singing) OM, and other appropriate vocalizations (chakra vowels, bija...)



- The **Amethyst Crystal Biomat** (filled with 17.5 pounds of amethyst) is placed on the massage table during your session, providing soothing Far Infrared Ray heat.
- Electricity flows through the crystals via a terminal made with parts from Texas Instruments.
- FDA Licensed Class II Medical Device

Cindy Babyn, [Crystal Music, Art & Books](http://CrystalMusicArtBooks.com), 604-344-0428, Cbabyn@gmail.com

## REVIEWS – SOUND HEALING

*"I found Cindy's music very therapeutic. I felt very relaxed and balanced after a session with her."*

*Amy*

*"I recently had a private sound healing session with Cindy. It was mind-bendingly incredible. Truly, the gong, the bowls, the instruments, the amethyst healing bed..... Oh wow!!! I cannot recommend this highly enough!"* Tara

*"I was blessed to be able to not only experience Cindy's sound bath as a student, but she also provided her services and accompanied me in a yoga class I taught. She has a gift and sensitivity to the energy of a room and brought harmony and light to both occasions."* Stef

*"Awesome person, amazing healer! Great service and unbelievable experiences. Must see!"* Victoria

*"I had the pleasure of experiencing Cindy's heated amethyst biomat and listening to the soothing, magical sounds of her singing bowls, tuning forks, chimes, etc. during restorative practices when I was doing my yoga teacher training. I highly recommend a session with this wonderful, compassionate, loving lady. You won't regret it!"* Bronte

**GROUP SONIC JOURNEY:** *"I would like to give a shout out to Cindy for (providing) her services to our guys. She left them feeling rejuvenated and relaxed. Her ability to play the various instruments and her use of sound to promote healing was awesome. It was much appreciated. I would strongly suggest if you get the chance to have her do a session for you. Trust me when i say it is something that needs to been experienced to see and feel its true benefit."* Don